

# **Fit India Freedom Run 2.0**

## **13/08/2021**

The nationwide virtual launched of Fit India Freedom Run 2.0 by Hon"ble Minister of Youth Affairs & Sports, Shri Anurag Singh Thakur and Hon'ble Minister of State, Youth Affairs & Sports, Shri Nisith Pramanik with the aim to make a call by all citizens to include physical activity of at least 30 minutes daily in their lives i.e.

*FITNESS KI DOSE AADHA GHANTA ROZ.*

Aligning with this vision, Higher Educational Institution (HEIs) were requested to encourage the students and faculty members to actively participate in these events, and promote on Social Media Channels with #AzadiKaAmritMahotsav and #Run4India. Inline to it the cadets of the college NCC Unit had participated in the fit India freedom run 2.0.