

PM Rally Cycle Expedition 10-19/12/2024 (Pre-Camp)

The **Pre-Camp PM Rally Cycle Expedition** was organized from **10th December to 19th December 2024** as a preparatory event for the forthcoming **Prime Minister's Rally**. The camp aimed to train and select deserving cadets for participation in the final cycle expedition and to instill in them the values of discipline, teamwork, endurance, and leadership.

Cadets **Paramjeet** and **Harpreet Kaur** actively participated in this pre-camp with great enthusiasm and dedication. During the ten-day camp, the cadets underwent rigorous physical training, cycling practice sessions, road safety briefings, and endurance-building exercises. They also received valuable guidance on maintaining cycle efficiency, group coordination during long rides, and first-aid management during expeditions.

Apart from physical training, various sessions on **motivation, national integration, environmental awareness, and leadership development** were conducted. Both cadets performed commendably in all assigned activities and displayed excellent team spirit and determination throughout the camp.

The pre-camp not only helped cadets enhance their physical fitness and mental resilience but also prepared them for future participation in national-level events like the PM Rally. It served as a platform for grooming disciplined and responsible citizens capable of representing their unit with pride.

SR.NO.	REGTL. NO.	NAME	FATHER'S NAME	DOB	MOB. NO.
1	PB23SDA136727	Paramjeet	Prem chand	17-01-2007	9056696320

2	PB2022SWA136749	Harpreet Kaur	Balwinder Singh	05-11-2004	8729049220
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