

Slogan Writing Competition on Saka Panja Sahib

A Slogan Competition was organised by the Department of Education to make the students aware about the history of Saka Panja Sahib on 28 October, 2022. Around 20 students participated in this competition. Along with this, all the students of the department took part in the march organised to commemorate the martyrs of Saka Panja Sahib. At the end, the Principal Dr. Baljit Singh inspired students to be motivated from the rich history of Punjab.

ਖਾਲਸਾ ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੇ
ਸਲੋਗਨ ਲਿਖਣ ਦੇ ਮੁਕਾਬਲੇ ਕਰਵਾਏ



असहज विचारों से गुलाम होकर फिर से अपने हिंस्रभावों की छिपी हुई शक्तों की ओर बढ़ जाते हैं।

जबकि, जो लोग अपने अंतर्गत हिंस्रभावों को नियंत्रित करके अपने जीवन में सकारात्मक परिवर्तन लाते हैं, वे अपने जीवन में सकारात्मक परिवर्तन लाते हैं।

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Diwali Celebration

Diwali was celebrated on 20 November 2022 by Department of Education. On this occasion Diya/Candle Decoration and Rangoli making competitions were held and the students of B.A.B.Ed and B.Sc.B.Ed participated in this competition. The purpose of

this event was to inculcate cultural and aesthetic values among students. HoD, Dr. Sangha Gurbaksh Kaur appreciated the students.



Extension Lecture on World Mental Health Day

On 10/10/2022 Department of Education of Babbar Akali Memorial Khalsa College, Garhshankar celebrated World Mental Health Day. Dr. Kuljinder Kaur ,Principal of KC. College of Education, Nawanshahr was invited as resource person to deliver an extension lecture on this day. The lecture started with an orientation of World Mental Health Day celebrated by WHO every year on 10th of October. Principal, Dr. Baljit Singh extended formal and floral welcome to the speaker. He talked about the importance of mental health in today's life. After that the expert of the day proceeded with her lecture. She explained about stress, anxiety and depression. She also

shared various real life examples to make her lecture more interesting and interactive. At the end HoD Dr. Sangha Gurbaksh Kaur extended hearty thanks to the expert. Principal Dr. Baljit Singh appreciated the efforts of HoD and all organizing committee members.





**Sardar Atish Ahmmed Khatri College
Gurbakshpur**
Under the Management of SSPC
Affiliated to Punjab University, Chandigarh

Department of Education
An Extension Lecture
ON
World Mental Health Day

Date and Time: Oct. 10, 2022 at 12pm-12pm Venue: Room no. 42



Dr. Sallinder Kaur
S.C. College of Education, Newanshah





Dr. Baljit Singh (Principal)
S.A.M. Khalsa College, Gurbakshpur

Co-ordinator :- Dr. Sangha Gurbaksh Kaur
(H.O.D., Department of Education)
Organising Committee :- Prof. Preetinder Kaur, Prof. Naresh Kumar, Prof. Kinjal Kaur

ਖਾਲਸਾ ਕਾਲਜ 'ਚ ਵਿਸ਼ਵ ਮਾਨਸਿਕ ਸਿਹਤ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ ।

ਦੇਸ ਪ੍ਰਦੇਸ ਗਤਸ਼ੇਕਰ 10 ਅਕਤੂਬਰ (ਮਨਜਿੰਦਰ ਕੁਮਾਰ ਪੋਸਰਾ)



ਬੰਬਰ ਅਕਾਲੀ ਮੈਮੋਰੀਅਲ ਖਾਲਸਾ ਕਾਲਜ ਗਤਸ਼ੇਕਰ ਵਿਖੇ ਵਿਸ਼ਵ ਸਿਹਤ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ । ਇਸ ਮੌਕੇ ਕਰਵਾਏ ਲੈਕਚਰ ਦੌਰਾਨ ਡਾ. ਕੁਲਜਿੰਦਰ ਕੌਰ ਪ੍ਰਿੰਸੀਪਲ ਕੋ ਸੀ. ਕਾਲਜ ਆਫ਼ ਐਜੂਕੇਸ਼ਨ ਨਵਾਂਸ਼ਹਿਰ ਨੇ ਮੁੱਖ ਬੁਨਾਰੇ ਵਜੋਂ ਸ਼ਿਰਕਤ ਕੀਤੀ। ਆਪਣੇ ਸੰਬੰਧਨ ਵਿਚ ਡਾ. ਕੁਲਜਿੰਦਰ ਕੌਰ ਨੇ ਕਿਹਾ ਕਿ ਸਾਨੂੰ ਸਰੀਰਿਕ, ਮਾਨਸਿਕ ਅਤੇ ਸਮਾਜਿਕ ਪੱਖੋਂ ਤੇਜ਼ਕਰਨ ਰਹਿਣਾ ਚਾਹੀਦਾ ਤੇ ਸਮਾਜ ਵਿਚ ਰਹਿੰਦੇ ਹੋਏ ਮਾਨਸਿਕ ਸਿਹਤ ਸਬੰਧੀ ਜਾਗਰੂਕਤਾ ਵੱਲਾਉਣੀ ਚਾਹੀਦੀ ਹੈ। ਇਸ ਮੌਕੇ ਕਾਲਜ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਬਲਜੀਤ ਸਿੰਘ ਨੇ ਵਿਚਾਰ ਪੇਸ਼ ਕਰਦਿਆਂ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਕੁਲਜਿੰਦਰ ਕੌਰ ਦਾ ਕਾਲਜ ਪਹੁੰਚਣ 'ਤੇ ਸਵਾਗਤ ਕੀਤਾ। ਇਸ ਮੌਕੇ ਐਜੂਕੇਸ਼ਨ ਵਿਭਾਗ ਦੇ ਮੁਖੀ ਡਾ. ਸੋਘਾ ਗੁਰਬਖਸ਼ ਕੌਰ ਤੇ ਸੰਗਠਿਤ ਕਮੇਟੀ ਮੈਂਬਰ ਪ੍ਰ. ਪ੍ਰੀਤਦਿੰਦਰ ਕੌਰ, ਪ੍ਰ. ਨਰੇਸ਼ ਕੁਮਾਰੀ, ਪ੍ਰ. ਕਿਰਨਜੀਤ ਕੌਰ ਨੇ ਲੈਕਚਰ ਦੌਰਾਨ ਵਿਚਾਰ ਪੇਸ਼ ਕੀਤੇ।

Teachers' Day Celebration

Teacher's day was celebrated on 5 September, 2022 by the Department of Education. On this occasion, the students of BA.B.Ed and B.Sc.B.Ed showed gratitude towards their teachers in form of poetry recitation, songs, dance and speech. They also invited teachers to play games on stage and perform various activities. At last, the Principal Baljit Singh addressed the students and gave them best wishes.



Trip to Kasauli

On 26 June 2022, Department of Education organized one day trip to Kasauli, Himachal Pradesh, and Pinjore Garden, Haryana. Here they visited Monkey Point, famous historical Christ Church and Heritage Market of Kasauli. Students also had experience of nature tracking of approximately 10 km and they were exposed to beauty of nature and they also enjoyed sight scenes. After having lunch students were taken to Pinjore garden they also enjoyed and purchased fresh fruits mango, litchi etc. in this way this was a educational as well as environmental tour. All the students enjoyed this trip very much.



Farewell Party of Session 2018-2022

On 13 June, 2022 a farewell party was organised for the students of session 2018-2022. Students participated in the cultural activities and enjoyed the games planned by their Juniors. Different titles were given to students such as Mr. Farewell, Miss Farewell, Best performer etc. Refreshment was given to the students at the end. It was a memorable for the students and the Staff.



Celebration of Budh Purnima

On 16 May, 2022, speech competition was organized by Department of Education of B.A.M. Khalsa College, Garhshankar to celebrate 'Buddha Purnima. The College students participated in this competition. The names of the winners of this competition are as following:

Sr. No.	Name of the Student	Class	Position
1	Mahesh Nafra	BA.B.Ed-1 st year	1 st
2	Ankita Rana	B.Sc.B.Ed-1 st year	2 nd
3	Surbhi	B.Sc.B.Ed-1 st year	3 rd

Prizes were distributed to the winners. The Principal Dr. Baljeet Singh Khehra appreciated the efforts and motivated students to participate in such events in future.



National Youth Day

On 12 January 2022, on the birth anniversary of Swami Vivekanand, National Youth Day was celebrated by the NSS Unit in collaboration with Department of Education of B.A.M. Khalsa College Garhshankar. On this special occasion, online Poster making competitions was organized. The theme of poster making was "Youth and Swami Vivekanand". Around Thirty students participated in this activity. Students shared their posters in pdf/image form in whatsapp group. Students were instructed to shared their posters upto 11:30 am on the same day. The results of the competition was declared and are as follows:

Completion Name	First Position	Second Position	Third Position	Consolation Prize
Poster Making	Navroop, 3201 (B.A.B.Ed-2nd yr),	Sonia Devi 3610 (B.Sc.B.Ed – 1st yr)	Mansi Rana, 3204 (B.A.B.Ed-2nd yr)	Kiranpreet Kaur, 3618 (B.Sc.B.Ed -1 st yr)
			Jagreti Kaushal, 3621(B.Sc.B.Ed-1st yr)	

ਪੋਸਟਰ ਮੇਕਿੰਗ ਮੁਕਾਬਲੇ 'ਚ ਨਵਰੂਪ ਰਹੀ ਔਵਲ

ਦਲਜੀਵਰ ਸਿੰਘ ਮਨੌਂਦਾ, ਗੁਰੂਗੜ੍ਹ

ਬੰਗਰ ਅਕਾਦਮੀ ਮੈਮੋਰੀਅਲ ਖਾਲਸਾ ਕਾਲਜ ਗੁਰੂਗੜ੍ਹ ਵਿਖੇ ਫਿਰੋ ਸੇਵਾ ਯੋਜਨਾ ਦੁਨਿਟ ਅਤੇ ਐਜੂਕੇਸ਼ਨ ਵਿਭਾਗ ਵੱਲੋਂ ਫਿਰੋ ਯੁਵਕ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ। ਇਸ ਮੌਕੇ ਵਿਦਿਆਰਥੀਆਂ ਦਾ ਅਨੁਸ਼ਾਸ਼ਿਤ ਪੋਸਟਰ ਮੇਕਿੰਗ ਮੁਕਾਬਲਾ ਕਰਵਾਇਆ ਗਿਆ। ਮੁਕਾਬਲੇ 'ਚ ਐਨਐੱਸਸੀਸ ਦਲੀਪੀਆ ਨੇ ਭਾਗ ਲਿਆ। ਇਨ੍ਹਾਂ ਮੁਕਾਬਲਿਆਂ ਵਿਚ ਨਵਰੂਪ ਨੇ ਪਹਿਲਾ, ਸੋਨੀਆ ਦੇਵੀ ਨੇ ਦੂਜਾ ਅਤੇ ਮਾਂਸੀ ਰਾਣਾ ਨੇ ਤੀਜਾ ਜਗ੍ਹਾ ਜਿੱਤੀ।



ਮੁਕਾਬਲੇ ਵਿਚ ਜੇਤੂ ਵਿਦਿਆਰਥੀਆਂ।

ਕੋਸਲ ਨੇ ਤੀਜਾ ਸਥਾਨ ਪ੍ਰਾਪਤ ਕੀਤਾ। ਕਿਰਨਪ੍ਰੀਤ ਕੌਰ ਨੂੰ ਉਤਸ਼ਾਹ ਵਧਾਉਣ ਲਈ ਇਨਾਮ ਦੇ ਕੇ ਸਨਮਾਨਿਤ ਕੀਤਾ ਗਿਆ। ਇਸ ਮੌਕੇ ਪ੍ਰਿੰਸਿਪਲ ਬਲਜੀਤ ਸਿੰਘ ਨੇ

ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸਹਾਈ ਵਿਵੇਕਾਨੰਦ ਦੇ ਜੀਵਨ ਅਤੇ ਸਿੱਖਿਆਵਾਂ ਤੇ ਚਾਨਣਾ ਪਾਇਆ। ਉਨ੍ਹਾਂ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਚੰਗੀ ਭਰੋਸਾ ਦੇਣ ਵਾਲਾ ਲਈ ਪ੍ਰੇਰਿਤ ਕੀਤਾ।

Lecture on Sexual Harassment of Women at Workplace



Sexual Harassment of women at workplace was celebrated on 09 December 2021 by Department of Education. On this occasion the students of B.A.B.Ed and B.Sc.B.Ed participated. Jasvir Kaur and Shalini student of B.Sc.B.Ed 4th year shared their views on the topic. Professor Lakhwinderjeet Kaur coordinator of Women Grievance and Redressal Cell discussed women and child protection act, 2005 and tried to make students aware of harassment of women at workplace.

Educational Tour

On 15 March 2022, Department of Education organized one day trip to Fun City, Chandigarh and Baba Deep Singh Gurdwara sahib, Solkhia (Ropar) for inculcating entertainment and spiritual values in the students. Total 29 students and 3 teachers participated in this trip. The trip started with visit to Gurdwara sahib where all the students paid homage and

listen to the Kirtan. After that students were taken to Fun City, Chandigarh (Panchkula) where they enjoyed the amusement park and water park. At last they had lunch together. All the students enjoyed this trip very much.

