

this event was to inculcate cultural and aesthetic values among students. HoD, Dr. Sangha Gurbaksh Kaur appreciated the students.




Extension Lecture on World Mental Health Day

On 10/10/2022 Department of Education of Babbar Akali Memorial Khalsa College, Garhshankar celebrated World Mental Health Day. Dr. Kuljinder Kaur ,Principal of KC. College of Education, Nawanshahr was invited as resource person to deliver an extension lecture on this day. The lecture started with an orientation of World Mental Health Day celebrated by WHO every year on 10th of October. Principal, Dr. Baljit Singh extended formal and floral welcome to the speaker. He talked about the importance of mental health in today's life. After that the expert of the day proceeded with her lecture. She explained about stress, anxiety and depression. She also

shared various real life examples to make her lecture more interesting and interactive. At the end HoD Dr. Sangha Gurbaksh Kaur extended hearty thanks to the expert. Principal Dr. Baljit Singh appreciated the efforts of HoD and all organizing committee members.






GGS Indraprastha College
Gurukul Kangri
 Under the Management of SSGC
 Affiliated to Punjab University, Chandigarh

Department of Education

An Extension Lecture
ON
World Mental Health Day

Date and Time: Oct. 10, 2022 at 11am-12pm Venue: Room no. 42

 Dr. Baljinder Kaur <small>K.C. College of Education, Newanshahi</small>	 Dr. Baljit Singh (Principal) <small>S.A.M. Khosla College, Gurbakshpur</small>
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Co-ordinator :- Dr. Sangha Gurbaksh Kaur
(H.O.D., Department of Education)
 Organising Committee :- Prof. Preetinder Kaur, Prof. Naresh Kumar, Prof. Kinjal Kaur

ਖ਼ਾਲਸਾ ਕਾਲਜ 'ਚ ਵਿਸ਼ਵ ਮਾਨਸਿਕ ਸਿਹਤ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ ।

ਦੇਸ ਪ੍ਰਦੇਸ ਗ਼ਤਸ਼ੇਕਰ 10 ਅਕਤੂਬਰ (ਮਨਜਿੰਦਰ ਕੁਮਾਰ ਪੋਸਰਾ)



ਬੰਬਰ ਅਕਾਲੀ ਮੈਮੋਰੀਅਲ ਖ਼ਾਲਸਾ ਕਾਲਜ ਗ਼ਤਸ਼ੇਕਰ ਵਿਖੇ ਵਿਸ਼ਵ ਸਿਹਤ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ । ਇਸ ਮੌਕੇ ਕਰਵਾਏ ਲੈਕਚਰ ਦੌਰਾਨ ਡਾ. ਕੁਲਜਿੰਦਰ ਕੌਰ ਪ੍ਰਿੰਸੀਪਲ ਕੇ ਸੀ. ਖ਼ਾਲਸਾ ਆਫ਼ ਐਜੂਕੇਸ਼ਨ ਨਵਾਂਸ਼ਹਿਰ ਨੇ ਮੁੱਖ ਬੁਲਾਰੇ ਵਜੋਂ ਸ਼ਿਰਕਤ ਕੀਤੀ। ਆਪਣੇ ਸੰਬੰਧਨ ਵਿਚ ਡਾ. ਕੁਲਜਿੰਦਰ ਕੌਰ ਨੇ ਕਿਹਾ ਕਿ ਸਾਨੂੰ ਸਰੀਰਿਕ, ਮਾਨਸਿਕ ਅਤੇ ਸਮਾਜਿਕ ਪੱਖੋਂ ਤੰਦਰੁਲਤ ਰਹਿਣਾ ਚਾਹੀਦਾ ਤੇ ਸਮਾਜ ਵਿਚ ਰਹਿੰਦੇ ਹੋਏ ਮਾਨਸਿਕ ਸਿਹਤ ਸਬੰਧੀ ਜਾਗਰੂਕਤਾ ਫੈਲਾਉਣੀ ਚਾਹੀਦੀ ਹੈ। ਇਸ ਮੌਕੇ ਕਾਲਜ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਬਲਜੀਤ ਸਿੰਘ ਨੇ ਵਿਚਾਰ ਪੇਸ਼ ਕਰਦਿਆਂ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਕੁਲਜਿੰਦਰ ਕੌਰ ਦਾ ਕਾਲਜ ਪਹੁੰਚਣ 'ਤੇ ਸਵਾਗਤ ਕੀਤਾ। ਇਸ ਮੌਕੇ ਐਜੂਕੇਸ਼ਨ ਵਿਭਾਗ ਦੇ ਮੁਖੀ ਡਾ. ਸੰਘਾ ਗੁਰਬਖ਼ਸ਼ ਕੌਰ ਤੇ ਸੰਗਠਿਤ ਕਮੇਟੀ ਮੈਂਬਰ ਪ੍ਰੋ. ਪ੍ਰੀਤਦਿੰਦਰ ਕੌਰ, ਪ੍ਰੋ. ਨਰੇਸ਼ ਕੁਮਾਰੀ, ਪ੍ਰੋ. ਕਿਰਨਜੀਤ ਕੌਰ ਨੇ ਲੈਕਚਰ ਦੌਰਾਨ ਵਿਚਾਰ ਪੇਸ਼ ਕੀਤੇ।

Teachers' Day Celebration

Teacher's day was celebrated on 5 September, 2022 by the Department of Education. On this occasion, the students of BA.B.Ed and B.Sc.B.Ed showed gratitude towards their teachers in form of poetry recitation, songs, dance and speech. They also invited teachers to play games on stage and perform various activities. At last, the Principal Baljit Singh addressed the students and gave them best wishes.



Trip to Kasauli

On 26 June 2022, Department of Education organized one day trip to Kasauli, Himachal Pradesh, and Pinjore Garden, Haryana. Here they visited Monkey Point, famous historical Christ Church and Heritage Market of Kasauli. Students also had experience of nature tracking of approximately 10 km and they were exposed to beauty of nature and they also enjoyed sight scenes. After having lunch students were taken to Pinjore garden they also enjoyed and purchased fresh fruits mango, litchi etc. in this way this was a educational as well as environmental tour. All the students enjoyed this trip very much.



Farewell Party of Session 2018-2022

On 13 June, 2022 a farewell party was organised for the students of session 2018-2022. Students participated in the cultural activities and enjoyed the games planned by their Juniors. Different titles were given to students such as Mr. Farewell, Miss Farewell, Best performer etc. Refreshment was given to the students at the end. It was a memorable for the students and the Staff.



National Youth Day

On 12 January 2022, on the birth anniversary of Swami Vivekanand, National Youth Day was celebrated by the NSS Unit in collaboration with Department of Education of B.A.M. Khalsa College Garhshankar. On this special occasion, online Poster making competitions was organized. The theme of poster making was "Youth and Swami Vivekanand". Around Thirty students participated in this activity. Students shared their posters in pdf/image form in whatsapp group. Students were instructed to shared their posters upto 11:30 am on the same day. The results of the competition was declared and are as follows:

Completion Name	First Position	Second Position	Third Position	Consolation Prize
Poster Making	Navroop, 3201 (B.A.B.Ed-2nd yr),	Sonia Devi 3610 (B.Sc.B.Ed – 1st yr)	Mansi Rana, 3204 (B.A.B.Ed-2nd yr)	Kiranpreet Kaur, 3618 (B.Sc.B.Ed -1 st yr)
			Jagreti Kaushal, 3621(B.Sc.B.Ed-1st yr)	

ਪੋਸਟਰ ਮੇਕਿੰਗ ਮੁਕਾਬਲੇ 'ਚ ਨਵਰੂਪ ਰਹੀ ਔਵਲ

ਦਲਦਿੰਦਰ ਸਿੰਘ ਮਨੌਦਾ, ਗੁਰੂਸ਼ੰਕਰ

ਬੰਗਰ ਅਕਾਦਮੀ ਮੈਂਬਰਸ਼ਿਪ ਖਾਲਸਾ ਕਾਲਜ ਗੁਰੂਸ਼ੰਕਰ ਵਿਖੇ ਕੋਰੋ ਸੇਵਾ ਯੋਜਨਾ ਦੁਰਿੰਟ ਅਤੇ ਐਜੂਕੇਸ਼ਨ ਵਿਕਾਸ ਵੱਲੋਂ ਕੋਰੋ ਯੁਵਕ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ। ਇਸ ਮੌਕੇ ਵਿਦਿਆਰਥੀਆਂ ਦਾ ਅਨੁਸ਼ਾਸ਼ਿੰਟ ਪੋਸਟਰ ਮੇਕਿੰਗ ਮੁਕਾਬਲਾ ਕਰਵਾਇਆ ਗਿਆ। ਮੁਕਾਬਲੇ 'ਚ ਐੱਨਐੱਸਐੱਸ ਵਜ਼ੈਂਟੀਆ ਨੇ ਤਾਗ ਗਿਆ। ਇਨ੍ਹਾਂ ਮੁਕਾਬਲਿੰਗਾਂ ਵਿਚ ਨਵਰੂਪ ਨੇ ਪਹਿਲਾ, ਸੋਨੀਆ ਦੇਵੀ ਨੇ ਦੂਜਾ ਅਤੇ ਮਾਂਸੀ ਰਾਣਾ ਨੇ ਤੀਜਾ ਪੁੰਜ ਗਿਆ।



ਮੁਕਾਬਲੇ ਵਿਚ ਜੇਤੂ ਵਿਦਿਆਰਥੀਆਂ।

ਕੋਰੋ ਨੇ ਤੀਜਾ ਸਥਾਨ ਪੁੰਜ ਗਿਆ। ਕਿਰਨਪ੍ਰੀਤ ਕੌਰ ਨੂੰ ਉਤਸ਼ਾਹ ਵਧਾਉਣ ਲਈ ਇਨਾਮ ਦੇ ਕੇ ਸਨਮਾਨਿਤ ਕੀਤਾ ਗਿਆ। ਇਸ ਮੌਕੇ ਪ੍ਰਿੰਸਿਪਲ ਬਲਜੀਤ ਸਿੰਘ ਨੇ

ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸ਼ਾਮਲੀ ਵਿਦੇਕਾਨੰਦ ਦੇ ਜੀਵਨ ਅਤੇ ਸਿੱਖਿਆਵਾਂ ਤੇ ਚਾਨਣਾ ਪਾਇਆ। ਉਨ੍ਹਾਂ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਕੰਗੀ ਭਵਿੱਖ ਵੱਲ ਵਧਣ ਲਈ ਪ੍ਰੇਰਿਤ ਕੀਤਾ।

Lecture on Sexual Harassment of Women at Workplace



Sexual Harassment of women at workplace was celebrated on 09 December 2021 by Department of Education. On this occasion the students of B.A.B.Ed and B.Sc.B.Ed participated. Jasvir Kaur and Shalini student of B.Sc.B.Ed 4th year shared their views on the topic. Professor Lakhwinderjeet Kaur coordinator of Women Grievance and Redressal Cell discussed women and child protection act, 2005 and tried to make students aware of harassment of women at workplace.

Educational Tour

On 15 March 2022, Department of Education organized one day trip to Fun City, Chandigarh and Baba Deep Singh Gurdwara sahib, Solkhia (Ropar) for inculcating entertainment and spiritual values in the students. Total 29 students and 3 teachers participated in this trip. The trip started with visit to Gurdwara sahib where all the students paid homage and

listen to the Kirtan. After that students were taken to Fun City, Chandigarh (Panchkula) where they enjoyed the amusement park and water park. At last they had lunch together. All the students enjoyed this trip very much.

