

Fit India Freedom Run 2.0

13/08/2021

The nationwide virtual launched of Fit India Freedom Run 2.0 by Hon"ble Minister of Youth Affairs & Sports, Shri Anurag Singh Thakur and Hon'ble Minister of State, Youth Affairs & Sports, Shri Nisith Pramanik with the aim to make a call by all citizens to include physical activity of at least 30 minutes daily in their lives i.e.

FITNESS KI DOSE AADHA GHANTA ROZ.

Aligning with this vision, Higher Educational Institution (HEIs) were requested to encourage the students and faculty members to actively participate in these events, and promote on Social Media Channels with #AzadiKaAmritMahotsav and #Run4India. Inline to it the cadets of the college NCC Unit had participated in the fit India freedom run 2.0.